TIPS FOR PARENTING WHILE CAREGIVING



AIM FOR A BALANCE

BETWEEN ASKING YOUR KIDS TO HELP AND LETTING THEM BE CHILDREN

TALK WITH
YOUR CHILDREN'S SCHOOL

ACCEPT
YOUR CHILDREN'S
RESENTMENTS

ACCEPT
YOUR NEED FOR HELP

NOTICE HOW YOUR CHILDREN COPE WITH THE ILLNESS

HELP YOUR CHILDREN

ANTICIPATE HOW THEIR LIVES MIGHT NEED TO CHANGE

LOOK FOR
CHANGES IN YOUR
CHILDREN'S BEHAVIOR

CREATE
RELAXED TIME WITH
YOUR CHILDREN

REACH OUT
TO OTHER ADULTS WHO
CAN SUPPORT YOUR CHILD

MAINTAIN
CONSISTENT ROUTINES
AND LIMITS

REMEMBER THAT

YOUR CHILDREN WILL WORRY AND TRY TO ANTICIPATE THEIR CONCERNS

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