

COMMUNICATION STRATEGIES

FOR TALKING WITH SOMEONE WHO HAS CANCER



USE
CAUTION



MAINTAIN THE
CONFIDENCES
OF THE PERSON

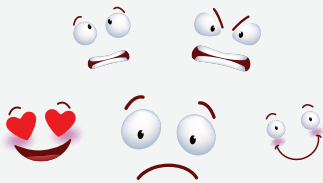


DO NOT
OVERBURDEN

DO NOT
ASSUME

GET PROFESSIONAL
THERAPY

FOCUS ON
THE FUTURE



TALK HONESTLY ABOUT
ALL FEELINGS
INVOLVED



ASK FOR
PERMISSION
TO GIVE ADVICE



TRY TO SEE THE
OTHER PERSON'S
POINT OF VIEW

**LEARN HEALTHY COPING MECHANISMS:
THROUGH SELF-CARE STRATEGIES HARD CONVERSATIONS AND
INTERACTIONS WITH OTHERS CAN BE MADE EASIER**

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*Not intended to be a substitute for professional medical advice, diagnosis, or treatment.
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